



## 2023 Larry White Regatta SAILING INSTRUCTIONS

**1.0 Rules:** The regatta will be governed by the Racing Rules of Sailing.

1. Participants **MUST** wear an approved & properly fastened life jacket at all times on the water.
2. Each competitor will be responsible for their boats being in compliance with the class rules.
3. Appendix P – Special Procedures for Rule 42 will apply with the exception that rules P2.2, P2.3 and P2.4 are deleted. All penalties under Appendix P shall apply. This does not apply to the Optimist Green Fleet.
4. Appendix U – Audible Signal Racing System will apply.

**2.0 Notice to Competitors and Changes to Sailing Instructions**

Any notices to competitors or changes to the sailing instructions will be posted on the official notice board inside the clubhouse. Any changes will be posted before 10:00 AM on the day of the regatta.

**3.0 Signals Made Ashore**

- 3.1 Signals ashore will be displayed from the NBYC flag pole.
- 3.2 When flag AP is displayed ashore, boats shall not leave the harbor; wait for further instructions
- 3.3 When flag AP is removed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes rule Race Signals AP.

**4.0 Schedule of Races**

The race committee will run as many races as it can within the time limits stated in the Schedule of Races. There will be **NO** throw outs.

8:30 AM Registration  
10:00 AM Skipper's Meeting  
11:00 AM Warning – first race  
No race will be started after 3:30 PM

**5.0 Courses** Courses will be posted on the committee boat and/or announced by hailer – with letters indicating the courses as shown attached to these sailing instructions.

**5.1 Marks:** Course marks will be yellow, orange, or red inflatable marks.

**5.2 Start / Finish:** The start/finish line will be between a mast (pole) on the committee boat bearing an orange flag and the course side of the starting mark.

**6.0 Safety**

**6.1 Check In:** All boats **MUST** check in with the race committee boat once the committee boat is on station by passing astern on starboard tack, hailing your sail number & receiving acknowledgement by the race committee.

**6.2 Boats Retiring:** If any competitor leaves the racing area prior to the end of racing, they shall notify the race committee or a support boat before retiring, or if that is impossible, or unsafe, the club office immediately upon arrival to shore.

**6.3** The Race Committee and clubhouse will transmit and monitor on channel 72.

**7.0 The Start**

**7.1** The starting signals will be 3 Minute Sound Signals as per RRS Appendix U.

**7.2 Recalls:** Individual Recalls due to OCS will be signaled by sounding a single horn and hoisting code flag X. The Race Committee will attempt to hail OCS boats but each boat is responsible for starting properly. Failure to hear the RC hail will not be grounds for redress.

**7.3 General Recalls:** General Recalls will be signaled by two horns and hoisting code flag First Substitute.

**7.4 Rule 30.1:** If Rule 30.1 ('around the ends rule') is to be used code flag I will be hoisted with or prior to the warning signal.

**7.5 Rule 30.3:** If Rule 30.3 (U Flag Rule) is to be used code flag U will be hoisted with or prior to the warning signal.



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**8.0 Abandonment:** Any race to be abandoned will be signaled by 3 sound signals and the hoisting code flag N.

**9.0 Time Limit:** The first boat to finish in any race must finish within 90 minutes or that race will be abandoned. Any boat failing to finish within 30 minutes of the first boat to finish in a given race will be scored DNF.

**10.0 Protests:** In addition to following all other RRS regarding protests, a protesting boat must notify the race committee boat immediately after clearing the finish line. Protests must be filed at the registration table in the clubhouse no later than 30 minutes after the committee boat has docked.

**10.1** A Protest Committee Member on the water may display their intent to protest a boat by pointing a red flag at the boat, sounding a whistle, and calling the boat's number. The protested boat may take an alternative penalty at that time.

**11.0 Scoring:** Scoring will be Low Point as per RRS Appendix A except there will be NO throw-outs. This changes Appendix A.

**11.1** If no more than two boats in any race are still on the course after the rest of their fleet has finished, the Race Committee may declare that those boats have finished and score them in their positions if:

- a. The Race Committee has reason to believe that those boats would finish within the time limit.
- b. It is not reasonable to expect that those two boats would switch positions or there is only one boat still on the course.
- c. Not allowing those boat(s) to finish will allow the Race Committee to start another race more quickly, or allow the boat(s) to reach the dock more quickly after the last race of the day.
- d. The Race Committee verbally notifies those boat(s) that they have finished the race and directs them to proceed to their next starting line, or to the dock, and to keep clear of boats that are racing.

**12.0 Disposal of Trash:** Competitors are reminded of World Sailing's Basic Principle of Environmental Responsibility. Boats or support persons observed purposefully discharging trash into the water may be protested by the Race or Protest Committees, and subject to penalties as determined by the Protest Committee.

### **13.0 Support Boats:**

**13.1** Except for the Optimist Green Fleet, team leaders, coaches and other support personnel shall not be in the racing area from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The penalty for failing to comply with this requirement or verbal instruction from a judge or race committee vessel on the water may result in the disqualification of all boats associated with the support personnel who do so.

**13.2 Optimist Green Fleet:** In the Optimist Green Fleet: Coaching is encouraged during the starting sequence, around marks, and for staying generally "on course." Green Fleet support boats must identify themselves to the Race Committee and be careful not to interfere with any racing boats. Safety is paramount.

**13.3 Coaches Required PFD:** Coaches must wear fully secured PFDs while on the water. Other support people – race committee, mark and safety boat operators, parents, etc. – are strongly encouraged to wear fully secured PFDs while on the water.

**13.4 Rendering Assistance:** All coach boats and other support boats/support personnel must agree to aid any competitor in distress or requesting assistance of any sort. Please monitor channel 72.

**14.0 Prizes:** Prizes will be awarded to each member of the crew placing first, second and third in each division.